

MEDITATION

Sculpture Made by Carol Cairns-Ryan (Netherlands)

“Het is vollbracht”

“It is finished”

“Es ist vollbracht”



<http://www.cairnsart.nl/artwork.html>

Jesus welcomes me at the cross.

I find Jesus at the cross.

To come to Jesus means to come to the cross

I am welcome to Jesus.

He takes me, a sinner, into His arms.

I can trust Him (with my life).



His arms under my arms:

Openness and comfort.

I can be completely open towards Him – I am secure and protected in His presence.

He takes me on
And completely into His love.



By His side I find

Space to life

Care and affection

(Ex)change

He takes what has been mine.
I am allowed to take what belongs to Him.

When I give Him what is inside of me
And receive what only He has got
I am restored and I am healed.



To Him I raise my eyes.

His gaze lifts me up,
Tells me I am worthy.

Whenever I come to Jesus
I receive more and more of God's love.



He speaks His precious Word to me.
In listening to Him I am restored and healed.

He says:

You can live.

You are welcome to me.

You are important to me.

I know you as an individual.

I know what you are suffering from -
You can give it to me.

Give me the small
I'll give you the great.

Give your restlessness to me -
And receive my peace.

Give your hurting to me -
By my wounds you are healed.

Give your sin and your failure to me -
You are completely righteous and accomplished in me.

I give my life to you.

You can receive.

Whenever you receive
You are restored and healed.

You are forever welcome to me –
Daily
Every hour
Always.

I know what it means to be rejected,
But I embrace you

I know what it means to hang in the air,
But you are at home with me.

I know what it means to be abandoned,
But I will never give you up.

If you come
I will meet you halfway.

If you begin to confess and to pray
I will support you and make it easy for you.



You can be one with me.

Being one with me
Is the most precious gift you can receive.

Being one with me
Gives you strength.

In me
You find
Your identity.

Allow yourself to be accepted by me,
And filled with my love.

This way you will be
Restored
Whole,
Raised up.

You are a new creation
Because I have redeemed you.

Stay in my love.

It is finished.

For ever.

For you.

Stephan Zeibig
<http://das-verkuendigte-wort.de>
Translation: Judith Bülz and S.Z.

